

# SUMMER SUPPORT GROUP

## for parents with anxious children

This group is for parents and guardians of Elementary and Middle School students who are or have been in treatment for anxiety.

Learn how to manage your own anxiety, how to support your child in facing their anxiety, as well as strategies to improve your child's ability to cope with their anxiety effectively.

### 3 Sessions Offered July 2017

- (3) hour and a half groups
- Groups may happen in the early evening, 5-6:30PM on Mondays, or during the day on Monday or Tuesday. Time determined by participant availability.
- Group will begin the week of 7/10

#### Facilitated by Gail Kemp, MA, and Julie Ogletree, LICSW

Both Ms. Kemp and Ms. Ogletree are experienced clinicians who have worked in schools and outpatient settings helping parents and children with anxiety, depression and other emotion dysregulation challenges.

To participate, please contact Julie Ogletree, LICSW, at 617-254-3800 x1296 or [JOgletree@FranciscanChildrens.org](mailto:JOgletree@FranciscanChildrens.org) by 6/28.

*Intake and screening are required to participate*



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Children's**

*So every kid can.*