



FRANCISCAN HOSPITAL  
FOR CHILDREN



# Franciscan Hospital for Children Annual Report

2009



Since 1949, Franciscan Hospital for Children has pioneered clinical, therapeutic and educational programs for children with a variety of disabilities. Through the years, as one of the nation's largest pediatric rehabilitation hospitals, we have expanded our complement of programs and services for children with special health care needs, as well as for children from the local community.

Our continuum of care includes inpatient, residential, educational, surgical, outpatient and home care programs, a combination of services for children that is hard to find anywhere else.

Through our family-centered programs, our physicians, nurses, clinicians and educators are committed to helping children reach their full potential.



## Hospital Administration

Paul J. DellaRocco, President and Chief Executive Officer

Alexander J. DeNucci, Chief Financial Officer

Donna Polselli, Chief Operating Officer

Mary Fortunato-Habib, VP of Patient Services

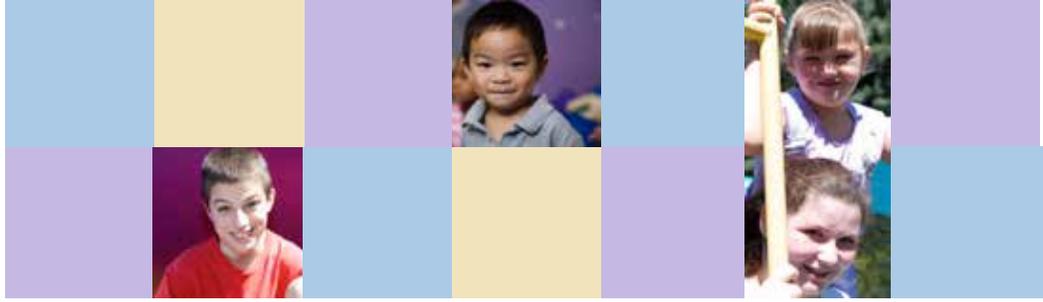
Sister Gloria Carpinello, FMM, VP of Mission Effectiveness

Steven Snyder, Chief Development Officer & VP Human Resource

Jane O'Brien, M.D., Chief Medical Officer



FRANCISCAN HOSPITAL  
FOR CHILDREN



# Franciscan Hospital for Children Annual Report 2009

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Ike Papdopoulos

## Our Mission

*To provide compassionate care and education to children with special healthcare needs to help them reach their full potential.*

## Dear Friends,

**2009** marks our 60th Birthday at the Franciscan Hospital for Children. As we look back at our accomplishments, we feel responsible and proud to continue the work of those who built this facility and are still inspired by the same vision to help children with special healthcare needs reach their full potential. We are the only facility of its type in the Northeast serving children with inpatient and outpatient Services, which continue to grow in response to patient needs.

Many of our patients come from all over the world, and from the leading Boston hospitals, to recover and rehabilitate. This year, thanks to kind benefactors, we were able to provide a better space for children and their families residing in the Pediatric Pulmonary Rehabilitation program. We are providing children with more technology to make each day of their challenges easier. We also continue to expand our behavioral, therapeutic and educational services to children in our community.

The healthcare industry has changed in 60 years, and the future is still uncertain with unknown legislation and ongoing delays in reimbursements. We continue to struggle to contain our health care costs, and we are thankful for the generosity of our donors, contributions from the State and support of parents and volunteers for enabling us to continue offering the high quality care for our children. This also allows us to provide pediatric care accessible to help those who need it, regardless of their ability to pay.

We welcome you to read our patient stories which inspire us and the families who support and value the services we provide. Our family-centered care is the heart of what we do.

We are proud of what we have accomplished in 2009 as one of the outstanding hospitals in Boston and look forward to many more years of quality service ahead.

Paul DellaRocco, *President & Chief Executive Officer*

## Looking Back 60 Years ...



Monday, September 21, 2009 marked the 60th Anniversary celebration of Franciscan Hospital for Children. The occasion was observed with an inter-faith service and a barbecue where invited guests, staff and friends of the Hospital celebrated. Those who built the dream facility were honored. In attendance were nuns from the Franciscan Missionaries of Mary, Board Members, Senior Management, as well as Staff and friends of the Hospital.

In 60 years, Franciscan Hospital for Children has gone through many transitions to emerge as a pioneer in clinical, therapeutic and educational programs as well as one of the nation's largest pediatric rehabilitation hospitals. The Franciscan Hospital looks ahead to many more years of providing hope through healthcare.

The hospital was founded in 1949 by Richard Cardinal Cushing, Archbishop of Boston, with the help of seed money from the Kennedy family. Originally called the Joseph P. Kennedy Memorial Hospital, the institution was once operated by the Franciscan Missionaries of Mary.

Today, it is called the Franciscan Hospital for Children and functions as a non-profit, independent hospital.

## ...and Moving Ahead

Today, the hospital follows the same mission with a focus on family centered care, and community outreach to serve the children in most need in neighborhoods and in local schools. Continued efforts are also being made to update the facility to provide state-of-the-art services for children. This year, the Playroom located in the Pediatric Pulmonary Rehabilitation program (also known as Unit 3) received a face-lift with the completion of a modern play space for patients and their families on May 1.

Many of the kids and infants on this unit cannot leave the floor, and this is one of the only areas on the unit to play, take part in therapy groups and work with child life therapists. These children now have a dedicated place to play and improve their mobility during the course of their hospital stay. The playroom is also available to siblings of those children. Giving them a place where they can spend time helps siblings make the family adjustment to hospitalization smoother. All donations totaling \$50,000, delivered new flooring, lighting, windows, built-in toys, a jungle mural, shelving for toy storage, and a special baby play area with unique safety mats.

Donors who made this project possible were honored in a ribbon-cutting ceremony. Jonathan and Judy Parkhurst of Newton have a unique relationship with the hospital. Not only are they friends and donors, they work at the hospital as an employee and a volunteer.

The Boston Bruins and an anonymous donor also made these improvements possible. (Donors featured on Page 9)

**Ribbon-Cutting Ceremony Honorees**



## New Pet Therapy Program Inspires Patients



Children are also enjoying the new Pet Therapy program, which has achieved great success with patients coping with behavioral problems. Recently, pet therapy has been integrated into the treatment program as a means of inspiring patients to become more willing and eager to participate. For some, a visit from a loveable therapy dog is a perfect diversion from the routine of a hospital stay.

For others, a therapy dog can provide a safe means to express emotions they might not otherwise convey. The Dog B.O.N.E.S. organization stands for Dogs Building Opportunities for Nurturing and Emotional Support, and is a collaborative opportunity open to members of the community who want to participate with their pets.

## Family Centered Care & Services

### Medical Services

*A comprehensive range of inpatient and outpatient programs for children and adolescents.*

### Dental Services

*Comprehensive preventive and therapeutic pediatric oral health care.*

### Educational Services

*A full-spectrum of special educational and therapeutic services for children.*

### Behavioral Health Services

*Inpatient and outpatient mental health services provided by interdisciplinary staff.*

At Franciscan Hospital for Children, we promote the integrity and well being of children and care givers throughout our continuum of care. This allows each child the opportunity to achieve his or her full potential in an atmosphere of respect, compassion and dignity.



## Technology Improves Children's Lives



Children living with disabilities find improving their skills a challenge at all levels, whether they are working on cognitive learning, social or emotional development, or physical challenges. Technology has assisted staff to help children on their journey.

This year marked the start of a monthly group meeting for parents of children who utilize augmentative communication devices. Parents learn about the latest technology, as staff facilitates informal discussions for parents to share their experiences. The Augmentative Communication and Assistive Technology (ACAT) Clinic at Franciscan Hospital for Children treats patients who are functionally non-speaking or whose speech is severely impaired.

The clinic is comprised of a speech-language pathologist and an occupational therapist who are specialists in the field of AAC. ACAT Clinic also has a *lending library* offering patients the latest mid-level to high tech augmentative communication devices to explore in hopes that these aids and techniques could meet their needs. This team of experts assists in AAC systems design and training for both the patient and his/her team of caregivers.

## Honored Staff Nominated By Patients & Colleagues

The American Physical Therapy Association of Massachusetts honored Maria Fragala-Pinkham, a physical therapist at Franciscan Hospital for Children, with the Outstanding Achievement in Clinical Practice award.

The award gives public recognition to Physical Therapists and Physical Therapist Assistants who are outstanding clinicians dedicated to their patients, their professions, and to sharing their knowledge with others. Maria was nominated by a colleague and her nomination was supported with letters from her supervisors as well as parents of patients who have been under her care.

Maria has worked at FHC for 11 years as a physical therapist providing outpatient physical therapy services and as a clinical researcher.



## A Field of Dreams Comes True

In the spring, a new baseball field was dedicated to Red Sox pitcher Tim Wakefield. He has raised thousands of dollars and met with countless children from the Franciscan Hospital for Children during his long Red Sox career.

The new synthetic baseball field was named for the knuckleballer, and called the "Wake Field." A clearly touched Wakefield suggested that his work at the hospital might even shine more brightly in his mind than his two World Series rings. "I'm completely humbled. You do things because you want to and because you believe in the mission of the hospital," Wakefield said, saying that the naming gift "is probably the best thing that's ever happened to me."

Wakefield has been the Red Sox nominee for the Roberto Clemente Award, presented to the player who best reflects the spirit of giving back to the community. Since 1998, Wakefield has partnered with the Franciscan Hospital to bring patients to Fenway Park to spend time with him through the "Wakefield Warriors" program.



## "Miracle" Recovery Brings Special Visit & Gratitude

Hospital staff was also proud to welcome Cardinal O'Malley who visited with six-year-old Olivia Quigley who suddenly collapsed in her school's gym a month earlier. Olivia, a first grader, was playing in gym class when her heart suddenly stopped beating. Olivia's teachers moved quickly, performing CPR, and getting her to the hospital as soon as possible.

The newspapers called the teachers 'her angels' and Cardinal O'Malley came to visit her and extend his thanks to those who played a role in her recovery. Doctors did not know what caused Olivia's heart to stop, but gave her a pacemaker as a preventative measure if there's a problem in the future. To read more about Olivia's story, turn to page 10 of this report.



Families choose Franciscan Hospital for Children for recovery and rehabilitation when discharged from all of the leading hospitals in Boston, including Children's Hospital and Mass General. Franciscan Hospital for Children has visiting doctors from leading hospitals as well.

Services are provided to an average of 400 children each day. Families tour daily to learn more about inpatient and outpatient services, as well as Kennedy Day School services and programs.

## 8th Annual Friends Ball As Sweet As Can Be!



In February supporters gathered for the 8<sup>th</sup> Friends Ball, the hospital's annual creative black tie gala designed to welcome new friends of Franciscan. This chocolate theme was everywhere, from the color scheme to the tables and menu.

The evening was a big success with local legends Tom Hamilton of Aerosmith, who auctioned one of his guitars to benefit the children of Franciscan Hospital. It was truly a night to remember at the InterContinental Hotel with Channel 7's Janet Wu as the emcee and local comedian Tony V served as the evening's auctioneer.



## Annual Community Leadership Award

The Annual Community Leadership Award Dinner was held in May to honor Moe Maloney and Michael Sullivan. Each year this award is presented to recognize those individuals who have made contributions to improving the quality of lives of children and community.

Moe Maloney was honored for his work with Boston College student athletes as Assistant Director of Boston College Neighborhood Center.

Michael Sullivan was recognized for his years of support of the hospital, during his time as Mayor of Cambridge and his current work with Middlesex Superior Courts.

## 2009 Children's Courage Award

Our Children's Courage Award was also given out during the evening to former patient and Newburyport resident Jessica Brown.

Since 2003, Franciscan Hospital for Children has honored the courageous spirits of its young patients and their families through the *Profile in Children's Courage Award*.

Brown's story bears testament to the power of overcoming tremendous challenges in the pursuit of recovery.

## Hospital Advocates For Child Safety

Last year alone, 927 patient days were spent by children at the hospital recovering from traumatic brain injuries. In an effort to protect the health and wellbeing of children, Franciscan Hospital for Children continued its longstanding partnership with an organization that helps families understand the hazards of toys, and keeping children safe from hidden dangers in everyday life. The hospital hosted several press conferences by W.A.T.C.H. (World Against Toys Causing Harm), a non-profit organization.

Their annual Summer Safety press conference, which included safe water play, and their holiday “worst toy list” announcement, drew attention from parents and media alike. These events highlighted safety precautions parents and caregivers should take to have an enjoyable summer and holiday season.



## Community Outreach Throughout the Year

### *Hope Through Healthcare*

The Franciscan Hospital for Children’s new E-Newsletter, called “*Hope Through Healthcare*”, was launched this year. This informative, online e-newsletter serves as a timely resource for our patients’ families, members of the community, healthcare professionals and educational professionals who work to advance children’s wellness.

In this e-Newsletter, readers will find useful information on how to navigate current issues that affect children in our community. Sign up for the complimentary service and receive updates on patient experiences, new services and events.

Subscribe Today! Visit us at [www.franciscanhospital.org](http://www.franciscanhospital.org) and sign up through the newsroom page.

### *Heartbreak Hill 5K Run/Walk Community Event!*

Friends of the Franciscan Hospital for Children continued to raise money and awareness for the hospital this year by participating in the Heartbreak Hill 5K Run/Walk event.

Hundreds of people participate and pledge, helping spread the word about the needs of the children the Hospital serves.



## Children's Wellness Initiative

In 2009, the Children's Wellness Initiative brought mental health professionals into local schools to provide counseling combined with outreach, education, and prevention. The goal is to make it easier for children and families to receive the social and emotional help they need. Franciscan Hospital for Children believes that families need easy access to high quality, comprehensive care.



The program's interdisciplinary staff provides individualized care that involves families, teachers, pediatricians, and other caregivers. Recognizing that children may need support for different reasons, the staff works to identify and address difficulties early on so children can achieve their maximum potential for success.

*"There was a non-judgmental attitude from the clinicians, psychiatrists and staff. Their focus was treating my child's emotional pain and needs, caring more about my child than a diagnosis."*

## Focus On Philanthropy

### *(Featured on Page 3)*

Thanks to the generous support of friends and benefactors, children from Massachusetts, New England, the United States and around the world have found hope through the care and treatment provided at Franciscan Hospital for Children. The support received from countless individuals is essential to the Hospital's ability to provide the finest care for our patients.

This year, kind benefactors were honored for their contributions to the Playroom project. Over the last 6 years, Judy Parkhurst has volunteered onsite at the hospital every week either holding babies or working on the Community Based Acute Treatment unit. She has also been the co-chair and auction chair of the Annual Friends Ball.

Jonathan Parkhurst has been with the hospital for 32 years, serving in a number of positions including Special Education teacher, Education Coordinator, Director of Admissions and Program Director of the Kennedy Day School. He's also been Director of Admissions and Program Director of the Kennedy Patient Advocate and Human Rights Officer. The Boston Bruins and an anonymous donor also made these improvements possible.

## *Franciscan Hospital For Children's Commitment to Community*

Regardless of a family's ability to pay, we are always trying to find ways to serve children.

We believe in the mission, established 60 years ago, and work hard to honor those who built this facility by implementing innovative tools and programming, and having a dedicated, loving staff of highly qualified professionals.



FRANCISCAN HOSPITAL  
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# Patient Profile

## *Olivia's Story*

### Olivia and Her Angels Inspire

**E**xactly what happened to Olivia continues to baffle doctors. Olivia Quigley, just six years old, collapsed in gym class and nearly died from a previously undiagnosed heart condition. Teachers came to her rescue and saved her life by performing CPR, alternated compressions and breathing for 7 minutes until help arrived and emergency workers took over. Olivia was able to make a full recovery at Franciscan Hospital for Children.

Joe Quigley arrived at East Boston Central Catholic School (EBCC) just in time to see his daughter's breathing restored. He pulled out his cell phone and called his wife, a scientist at Biogen Idec, Inc. in Cambridge. Cathy Quigley rushed to the hospital, where her daughter had been taken.

"When we got to the ER at Mass. General, they said they believed she had a heart attack," she said. "It was absolutely inconceivable to me. I still have a hard time accepting this happened." She remained in intensive care for eight days, followed by 2 1/2 weeks in critical care. When she was ready for rehabilitation, she came to Franciscan Hospital for Children. "They have called her their miracle child," Joe Quigley said sitting in his daughter's hospital room.

There have been lingering side effects, including short-term memory loss for Olivia. She was struggling with depth perception, making it hard for her to move up and down stairs with ease, and she lost a bit of her vocabulary. Doctors do not know what caused Olivia's heart to stop, but have taken preventative steps.

"She has a pacemaker inserted, so in the likelihood that this ever happens again, the pacemaker will pick up and beat for her," said Dr. Varuna Tuli, Pediatrician at Franciscan Hospital for Children. Cardinal O'Malley made a special visit to Franciscan Hospital for Children to see Olivia when he heard her story.

"The right people were there at the right time, they knew what to do," O'Malley said about those that saved her life. The teachers who performed CPR came to visit as well, and brought gifts, stuffed animals and notes from Olivia's classmates. Kindergarten teacher Kathy Carabine, sixth-grade teacher Robert Casaletto, and her first-grade teacher, Lauren Rozzi were there. They received Certificates of Appreciation from state officials, along with the EMT's who arrived at the scene, for acting quickly and saving Olivia's life.

"Everyone involved in her rescue and everyone that supported her after are truly Olivia's angels," said EBCC Principal Maryann Manfradonia. Carabine said she feels "blessed" that she could help. In honor of Olivia, the EBCC School planned a daylong CPR training program that was more popular than ever. The whole ordeal has Olivia considering a career as a doctor for a very special reason.





FRANCISCAN HOSPITAL  
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# Franciscan Hospital for Children's Grants

## 2009

### FY 2009 Grants Received

Foundation	Amount	Purpose
Sidney R. Baer, Jr. Foundation	125,000	Children's Wellness Initiative
Novack Family Foundation	25,000	Medical Day Care
Children's Investment Fund	19,592	Medical Day Care Playground Renovations
Reading Is Fundamental	15,840	In-Kind support for RIF program
Citizen's Bank Charitable Foundation	5,000	Unit 1 Renovations
Pinewood Acres Children's Charity, Inc.	2,800	Kennedy Day School Summer Camp
Irving Kohn Foundation	2,000	CBAT
BU Clustering Grant	1,600	Kennedy Day School
Lotta M. Crabtree Fund	1,500	Uncompensated Care
Bob's Discount Furniture Foundation	500	Family Liaison
<b>Total:</b>	<b>\$198,832</b>	

### Ways You Can Help

- ◆ Consider making a donation. Make a secure online donation at [www.franciscanhospital.org](http://www.franciscanhospital.org).
- ◆ Attend a special event. Visit the website above for upcoming events.
- ◆ Consider a planned gift to the hospital.
- ◆ Become a corporate partner by making a gift, funding a grant or sponsoring an event.

For more information on gifts and corporate partnerships, please call 617-779-1149.





FRANCISCAN HOSPITAL  
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# Patient Profile

## Trevor's Story

### Strength, Determination & Desire To Bike Again



**I**t's the call no parent ever wants to receive. On June 5, Jennifer and Larry Wright found out their 13-year-old son Trevor was in a serious bike accident. Even though Trevor regularly did BMX tricks on his bike, his worst accident happened while riding down the street. And because he wasn't doing tricks, he wasn't wearing a helmet.

He was transported to a local hospital and then, because his condition was so critical, he was transferred to the Floating Hospital for Children at Tufts Medical Center. A battery of tests showed he had severe brain damage. The prognosis was grim, and doctors said he would never be the same child again. Neurologists said he'd fallen directly on his head and 30% of his brain was damaged. He was put into a medically induced coma and intubated to allow his brain time to heal.

During his five-week stay in the Pediatric Intensive Care Unit, he made small improvements and was eventually able to recognize his parents and lift his head. At that point, he was transferred to Franciscan Hospital for Children for Rehabilitation. A daily regimen of Physical, Occupational and Speech Therapy awaited him.

Meanwhile, supportive family and friends back home in Lakeville had a fundraiser for the Wrights, brought food and prayed. A prayer chain began and groups on Facebook popped up encouraging acquaintances and strangers to "Pray for Trevor Wright."

Encouraged by his new surroundings and the promise of Wii-hab, Therapy that could be done on the playroom Wii, Trevor began exceeding expectations. Each week, his Physical Therapist set goals. Often he would exceed her goals in a single day making fast and steady progress with his parents and sister Alee, constantly at his side. He rode the adaptive bicycle specially designed for children with disabilities. Not only did he ride on his own, as a show of strength, he pulled several others along in tandem. He returned to the 8th grade in the fall and continues his therapies on an outpatient basis.

"We are just so glad to have Trevor doing so well so quickly," said his mother Jennifer. "Trevor is a miracle and we are grateful for the support of so many whose prayers have made a difference." *Photo: (Above left) Trevor is pulling his sister, Alexandra. Many rides were given around the hallways on the unit where he was staying.*



FRANCISCAN HOSPITAL  
FOR CHILDREN



# Franciscan Hospital for Children Financials

## 2009

### Financials

#### Combined Statement of Revenue and Expenses

For the years ending September 30, 2009 and 2008

	2009	2008
<b>Total Revenue:</b>	<b><u>\$44,856,868</u></b>	<b><u>\$43,484,248</u></b>
<b>Expenses:</b>		
Salaries and Benefits	26,360,206	26,636,132
Supplies and Expenses	15,569,709	14,859,460
Depreciation and Amortization	1,622,518	1,184,167
Interest Expense	293,692	280,077
Provision for Uncollectible Accounts	728,552	603,166
<b>Total Expenses</b>	<b><u>44,574,677</u></b>	<b><u>43,563,002</u></b>
<b>Income from Operations</b>	<b><u>\$282,191</u></b>	<b><u>\$78,754</u></b>

#### Consolidated Balance Sheet

For the years ending September 30, 2009 and 2008

	2009	2008
<b>Total Current Assets</b>	<b><u>\$8,273,819</u></b>	<b><u>\$8,319,701</u></b>
<b>Assets Whose Use is Limited or Restricted</b>	<b><u>969,019</u></b>	<b><u>2,303,036</u></b>
<b>Property and Equipment, net</b>	<b><u>17,224,966</u></b>	<b><u>16,008,256</u></b>
<b>Other Assets</b>	<b><u>13,235</u></b>	<b><u>13,185</u></b>
<b>Total Assets</b>	<b><u>\$26,481,039</u></b>	<b><u>\$26,644,178</u></b>
<b>Total Current Liabilities</b>	<b><u>7,852,131</u></b>	<b><u>8,032,976</u></b>
<b>Total Long Term Debt and Obligations</b>	<b><u>6,295,581</u></b>	<b><u>4,741,334</u></b>
<b>Total Net Assets</b>	<b><u>12,333,327</u></b>	<b><u>26,644,178</u></b>
<b>Total Liabilities and Net Assets</b>	<b><u>\$26,481,039</u></b>	<b><u>\$26,644,178</u></b>



## Families, Patients, Staff and Stats...



With more than 200 physicians, psychologists, physician assistants, rehabilitation therapists and nurse practitioners on staff, Franciscan Hospital for Children offers many pediatric services. Our physicians and therapists provide expertise in pediatrics, rehabilitation, psychiatry, neurology, pulmonary medicine, genetics and more.

Franciscan Hospital for Children is a teaching facility for Boston University's School of Medicine, its Goldman School of Dental Medicine, Tufts Medical School, other colleges and universities, and is a required rotation (on the psychiatry unit) for the MGH-Harvard Medical School-McLean Hospital residency program.

## Programs and Patient Services...

Franciscan Hospital for Children, located in the Brighton neighborhood of Boston, is the only facility of its type in the Northeast. We take pride in offering care to children who require medical, behavioral and educational services unmatched elsewhere.

Licensed as a 100 bed pediatric hospital, we are often the facility to which children are transferred when they're too stable for acute care but not yet well enough to go home. While we're best known as a center of excellence in pediatric rehabilitation, we offer a full range of services to children from the community and around New England.

All of our programs are family centric and designed to help each child reach his or her fullest potential.

- ◆ **Medical/Surgical**
- ◆ **Pulmonary Rehabilitation**
- ◆ **Behavioral Health**
- ◆ **Dental/Surgical**
- ◆ **Physical Therapy**
- ◆ **Center for Motion Analysis**
- ◆ **Therapeutic Swimming Pool**
- ◆ **Community-Based Acute Treatment Program**
- ◆ **Kennedy Day School**
- ◆ **Community Programs**



Please feel free to consult Deanna Dwyer, Marketing Manager, with questions and comments.