



Franciscan Adaptive Ice Skating Program

The adaptive ice skating program is for children ages 5-21 years with special needs. The goals of the program are to teach children how to ice skate or to improve the skating skills of children who have some skating experience.

Physical or occupational therapists will supervise all skating sessions. Each child will be paired with a coach to help him/her while on the ice. Skating instructors will provide group lessons. Ice walkers, gait trainers, ice sleds, or ice trackers will be used to assist skaters as needed. We will measure skating skills at the beginning and end of the program and will ask parents to complete questionnaires about their child's skills and about their perspective of the skating program.

Where: Simoni Skating Rink (indoor) 155 Gore Street, Cambridge

Parking is available at the rink. The rink is about a 15 minute walk from the Lechmere T stop on the green line.

When: Wednesdays from 4 - 4:50 PM

September 17 - November 19, 2014 (10 sessions)

Cost: \$25 for the 10 week session. Free skate rentals at the rink.

Requirements: 1) Pre-registration is required. 2) Children must wear a helmet to participate. Helmets are available if needed. 3) We ask children to commit to attending all 10 sessions since we have one to one staffing and specific skating activities planned for each session.

For more information or to register for the program, please contact:

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Franciscan
Hospital for Children