



# Franciscan SHARK Baseball Camp

**Date:** August 10<sup>th</sup> -14<sup>th</sup>, 2015

**Times:** Session 1: 8:30 AM - 10:00 AM  
Session 2: 10:00 AM - 10:55 AM (for Kennedy Day School students)  
Session 3: 11:00 AM - 12:30 PM  
Session 4: 1:15 PM – 4:15 PM

The shorter morning sessions are for children who require a shorter exercise session and 1:1 child to staff supervision. The longer afternoon session is for children who are working on their endurance and independent ball playing skills and can tolerate a 2:1 child to staff ratio. Camp will start and end with a group circle with music (led by a Music Therapist) and warm-up and cool down exercises. Children will work on baseball activities in small groups with the aid of their coach. Therapists will direct the group activities. All participants will receive a baseball card, hat and T shirt.

**Goals for this one-week baseball camp are to:**

1. Teach basic or advanced baseball skills such as throwing, catching, fielding, batting, running bases and rules of the game
2. Provide children with an opportunity to play baseball on a team with other children
3. Provide children with the opportunity to get 60 minutes or more of moderate to vigorous physical activity in a fun, noncompetitive environment

**Participants:** The program is open to school-aged youth with disabilities.

**Camp Staffing:** Therapists from Franciscan as well as local college students will staff the program. We will have a 1:1 child to staff ratio in Sessions 1 & 2 and 2:1 child to staff ratio in Session 3.

**Cost:** Session 1 & 3: \$25/child for the week-long program; Session 2: No extra fee for KDS students attending summer camp; Session 4: \$50/child. We have received funding from the Steve Haley Active Recreation for Kids (SHARK) Fund, Genzyme and Boston College Foundation to help with camp costs.

**Location:** Franciscan Hospital for Children in Brighton - outdoors weather permitting or in our gym

**Preregistration required:** For more information or to register your child for one of the sessions please contact physical therapist Maria Fragala-Pinkham at [mfragala@fhfc.org](mailto:mfragala@fhfc.org)



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Hospital for Children