

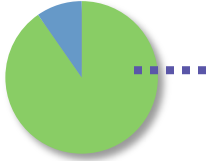
# Adaptive Ice Skating



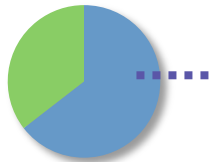
Franciscan  
Hospital for Children

a recap of the 2015 10-week program

## START



28/31 required physical assistance from a coach to stand on the ice or to prevent a fall



20/31 required skate walkers or gait trainers to assist them with safely standing and moving on the ice

## FINISH

19

children were able to skate across the width of the ice without any assistance

4/4

of the children who use gait trainers to walk on land, were able to skate while using their gait trainer for support

all

of the children improved on their skating skills checklist by 2 or more skills

## PARENT GOALS



Parents set 4 goals for their children to achieve while participating in the program

1

10

They rated those goals on a scale with 1 representing “not able to do it at all” and 10 representing “able to do it extremely well” at the start of the program and again on the last day of the program

## MOST COMMON GOALS

1. Skate forward without help
2. Skate backwards without help
3. Stand on the ice unsupported
4. Get up from the ice without help
5. Stop quickly on the ice

## START

Average goal rating score for the group

2.28



Overall children improved 2+ points

## FINISH

Average goal rating score for the group

5.22

## PARENT FEEDBACK



“David loves ice skating! I think this is a sport that he could do with other kids his age. Thanks for a great program!”

“Thanks for the opportunity for the kids to have fun and learn ice skating. It was great to include brothers and sisters in the program!”