

A DAY AT FRANCISCAN CHILDREN'S



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I am having my surgery today. The doctors need to learn about my body and brush my teeth. They are going to help me feel better.



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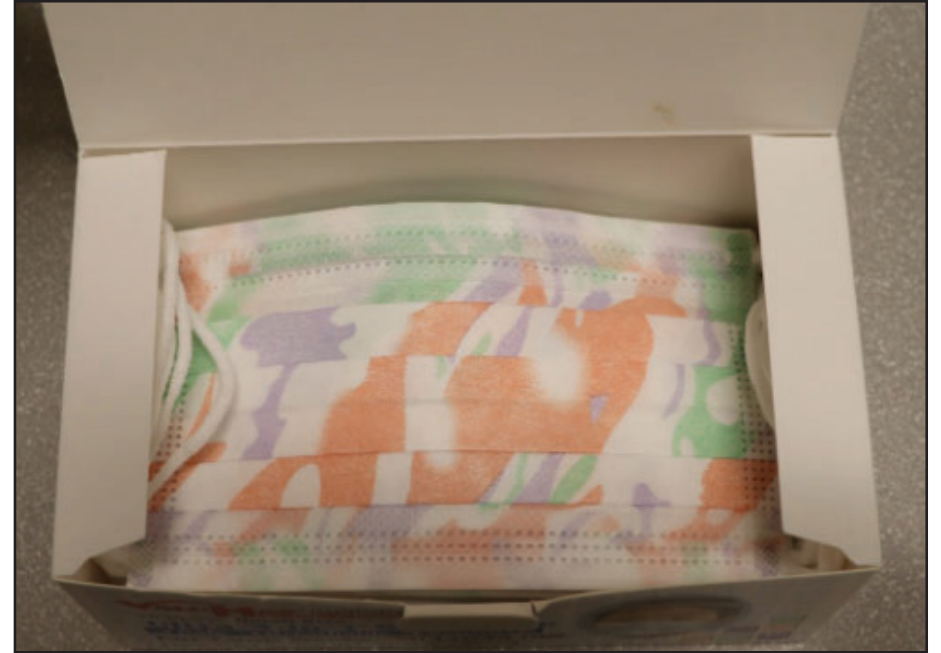


First, we walk into the screening area. This is where we are going to answer questions about COVID-19 and get our temperatures taken. COVID-19 is something that can make people feel sick.



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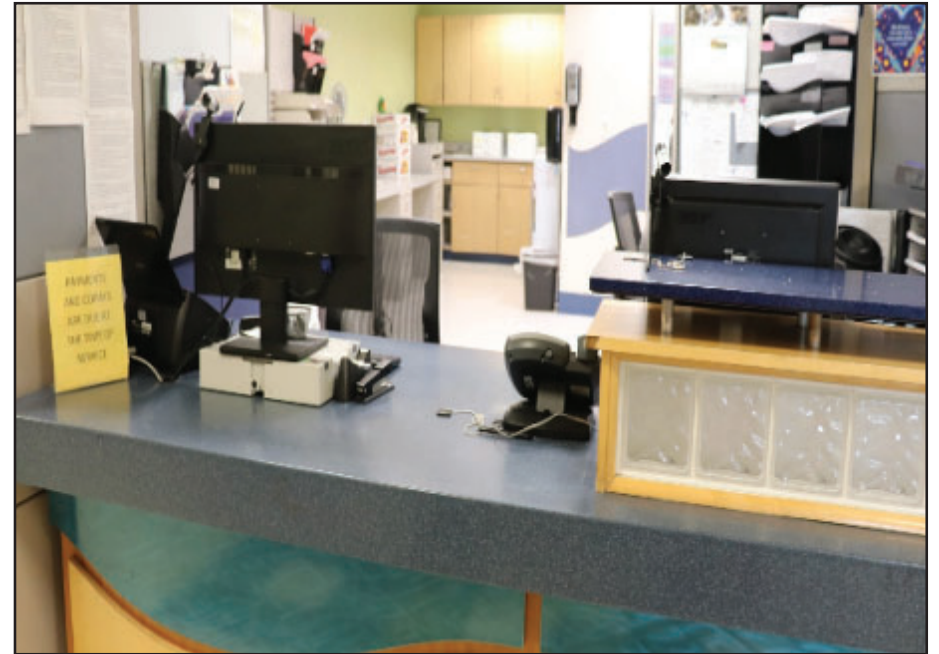


At the hospital, we are trying to be extra careful to make sure everyone stays healthy. You will see our friends all around the hospital wearing masks. We might give you one of our masks to wear or you can wear the one you brought from home so that we don't share our germs!



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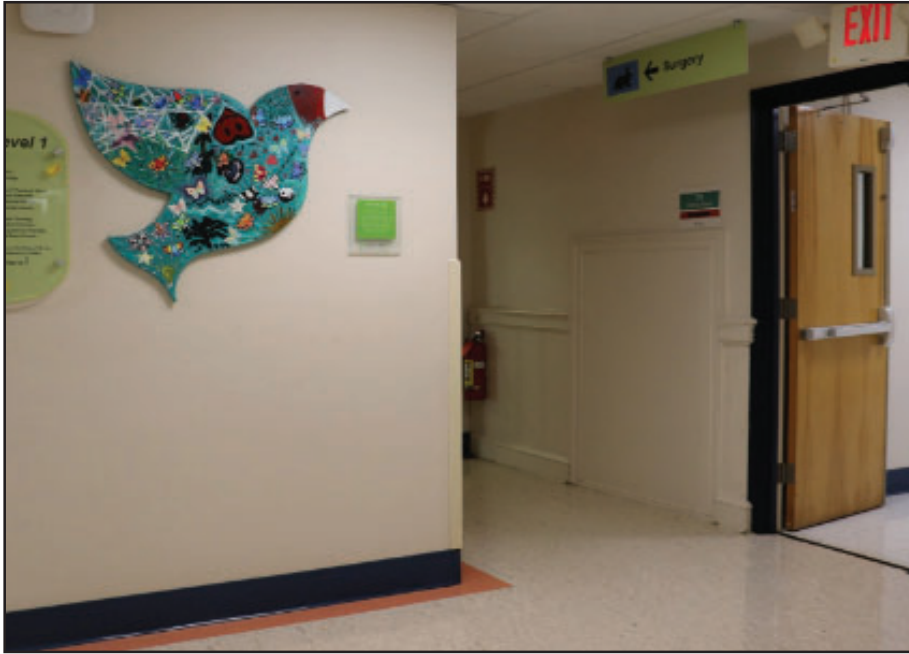


After, we walk over to registration. Registration makes sure that the hospital has the right name and birthday.



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Next, we are brought to the waiting room. Try and find the blue bird!



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Next, we will sit until my name is called. My name might be called right away or I might have to wait.



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When my name is called, it is time to go into a new room: the pre-op room. In this room, nurses, doctors, and the child life specialist will talk to my parents/guardians.



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This is another pre-op room that I might be brought into! Can you spot my friend, Dom?



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Then, I will sit on the stretcher. The stretcher is a long bed with wheels.



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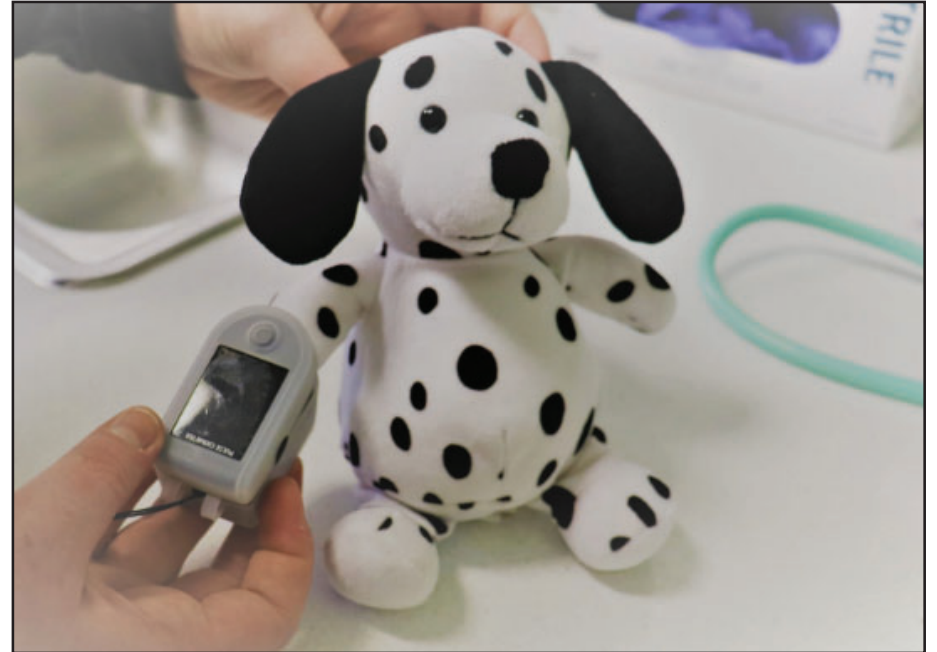


While in pre-op, the nurse will take my temperature with a thermometer. This is to see how warm my body is. The nurse might touch the thermometer to my head or the side of my face near my ear.



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Then, the nurse will gently place something on my finger. It's called a pulse oximeter. It will measure the oxygen in my body by giving my finger a hug. My goal is to get 100%!



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Next, the nurse will take my blood pressure. This is to see how strong my heart and muscles are. She will give your arm a hug with a wrap. If I count to 12, it will be all done.



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Then the nurse will listen to my heart and lungs with a stethoscope. This is to hear how good my lungs are at breathing.



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It's time to put on my hospital clothes! They look like a long shirt that opens in the back and a pair of pants. They will either be yellow, green or blue.



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Now I will meet the child life specialist. She will show me my mask and some pictures of the room. We can also put stickers on my mask.



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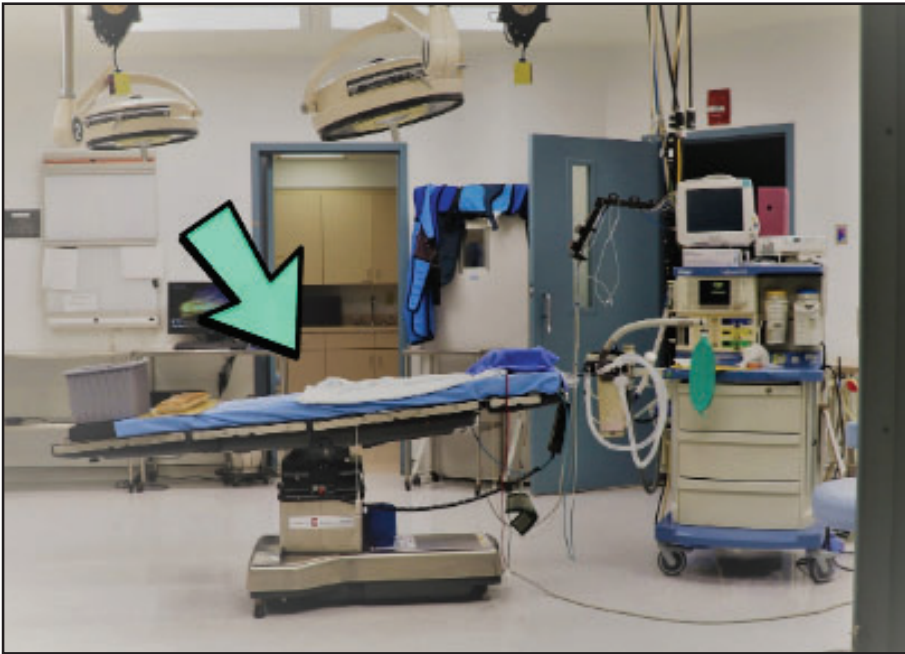


The child life specialist and the nurse will push me on the bed to my room. I can also talk to my child life specialist about something to do while I use my mask.



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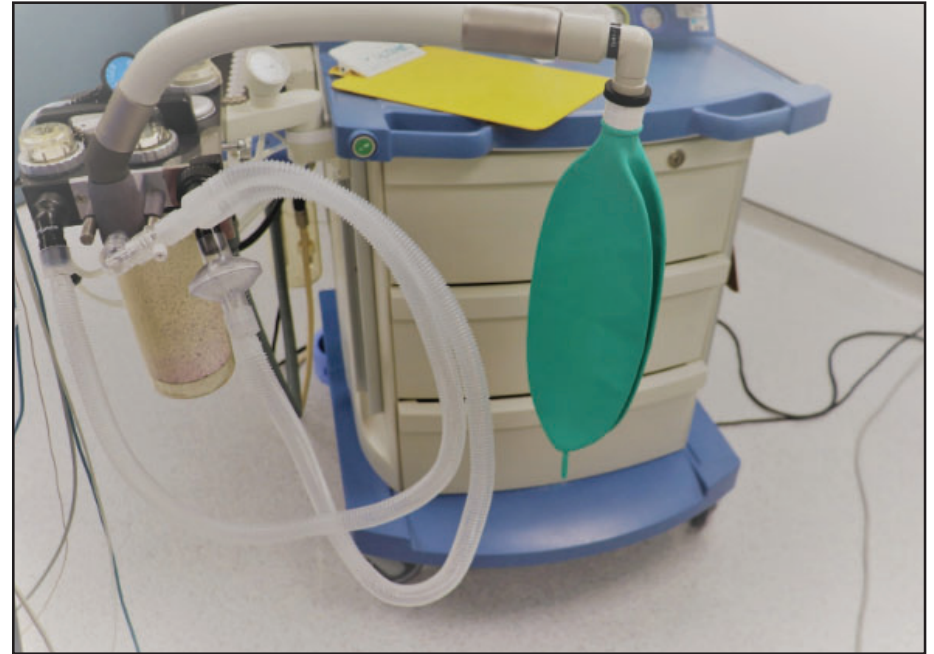


When I go into the next room, I will have to move to a different bed. I might see some stickers on the walls like the ones in the picture! There are also a lot of things in this room, but not all of it is for me.



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I will then use my mask to blow up a big balloon and get the magic air. This will help me take my special nap.



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When my special nap is finished, I will stop getting the magic air and I will start to wake up. When I wake up, I will be in a different room with my grown-ups. I will be safe in the new room.



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I will then have some popsicles and water. The nurse will take my blood pressure and temperature, and see how good I am breathing. Lastly, my nurse will take a silly sock off my foot.



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**YES!
YOU
DID
IT!**

**Once the doctors say it is okay, I can go home.
Everyone is so proud of me!**